

HOW TO USE NARCAN NASAL SPRAY FOR AN OPIOID OVERDOSE



Look for Signs

- Not responding
- Slow or not breathing
- Blue lips and nails
- Cold or clammy skin
- Tiny pupils



Check for Alertness

- Shake them & shout to wake them up.
- Grind your knuckles into their chest bone for 5-10 seconds.



No Response?

- Call 911 and Public Safety.
- Stetson University's Medical Amnesty Policy.

HOW TO GIVE NARCAN NASAL SPRAY



- Take Narcan nasal spray out of box and peel back tab with the circle to open.



- Hold the Narcan nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.



- Tilt the person's head back and provide support under the neck with your hand.



- **Gently insert** the tip of the nozzle into one nostril, until your fingers on either side of the nozzle are against the bottom of the person's nose.
- **Press the plunger** firmly to give the dose. Remove the Narcan nasal spray from the nostril after giving the dose.



- Wait and watch the person closely.
- If the person does not respond in 2-mins, repeat the steps and give the second dose of Narcan nasal spray.



- Call 911 right away, if you have not done so already.
- Roll the person on their side and place them in the recovery position.