

EAT THE RAINBOW



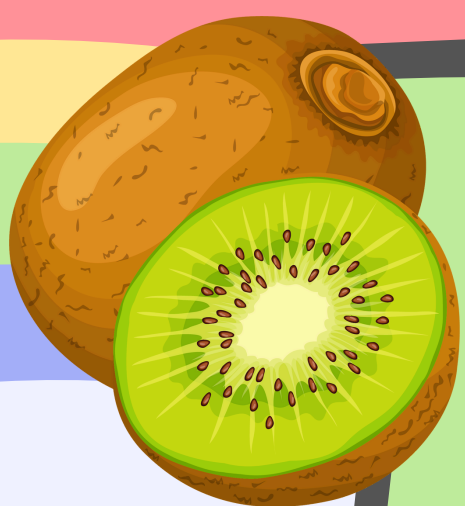
1

Contains lycopene: improves heart health, decreases prostate and breast cancer risk, contributes to stroke prevention and increases brain function.



2

Contains carotenoids: reduces the risk of heart disease and inflammation, strengthens the immune system, builds healthy skin, and improves vision



3

Contains indoles and isothiocyanates: helps prevent cancer, high in vitamin K, potassium, fiber, and antioxidants



4

Contains anthocyanins and antioxidants: improves brain health and memory, help lower blood pressure, and reduces the risk of stroke and heart disease



5

Contain flavonoids and allicin: have anti-tumor properties, reduce cholesterol and blood pressure, improve bone strength, and decrease risk of stomach cancer

